

March 2010 Newsletter

Serving the parish and wider community through our project work

MU members throughout Britain are involved in a wide range of project work, including:

- parenting groups
- parent and toddler groups
- projects established to support people affected by imprisonment
- child contact centres
- hospital work, baptism support
- work with couples who are preparing for marriage, and many more.

There are many times when we can reach out to others as individuals, but sometimes, the best way of offering support is through establishing a structured project.

Mothers' Union is celebrating 10 years of Parenting and Literacy Programmes

In 2000 Mothers' Union responded to the need and initiated its Literacy & Development Programme (MULDP). Designed to use a holistic approach and do more than just make people literate, the programme uses participatory skills to enable community members, men and women, to acquire basic literacy and numeracy skills whilst discussing and planning action on issues and challenges people face on a daily basis. In this way the whole community becomes engaged in:

- Identifying problems and challenges
- Sharing local knowledge and expertise
- Planning local action and resolution of conflicts
- Participating in local HIV/AIDS awareness initiatives
- Setting up of income generating projects

Countries taking advantage of this scheme include Burundi, Malawi and Sudan.



Meeting the needs of parents

Parenting groups offer a great way for Mothers' Union members to support families. Mothers' Union's Parenting Programme is an externally accredited training course that equips volunteers for this area of work.

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Parenting Course Facilitators

We have several members who are trained as Parenting Course Facilitators and they would be willing to run a parenting course in your parish.

If you have a `Mums and Tots` group or any other contact with children where you think a parenting course may be welcomed please get in touch with Kath Broadbent or Carol Cooper.

Contact Details

President – Kath Broadbent 01248 410400
Secretary – Carol Cooper 01766 513269
Treasurer – Haydn Jones 01407 810018
